

**JULY
2010**

CARROLL COUNTY SENIOR CITIZENS' FRIENDSHIP CENTER

Director: Sue Henderson

E-mail: carrollcoseniorcenter@verizon.net

Hours: Monday – Friday 8:00 a.m. – 4:00 p.m.

www.carrollcountyohio.us/seniorcenter.html

Nutrition Sites

Friendship Center
100 Kensington Rd
P.O. Box 14
Carrollton, O 44615
330-627-7017
330-627-7205
Fax 330-627-7936

Sherrodsville

Lion's Club
80 Hill Dr.
Sherrodsville, Oh
740-269-2200

Malvern Manor

750 Malvern Manor
Malvern, Oh
330-863-2202

Home Repair Program

Bud Smith

Volunteers

Lois Hilliard
Dorothy Foster
George Abel
Millie Myers
Ruth Walker

MORNING WALKING AT THE CENTER

Climate
controlled
walking available
inside the
Friendship
Center from
8 – 9:30 a.m.
M, T, Th, & F
(No Wednesdays)

THE FRIENDSHIP CENTER



The Carroll County Senior Citizens' Friendship Center is a multipurpose senior center and serves as the county focal point

providing a variety of services to county residents age 60 and over. This newsletter contains a brief listing and description of the services we provide; for more detailed information, call us at: 330-627-7017.

STAFF

DeeDee Miller, Asst. Director
Sherry Casper, Data Entry
Debbie Herrington, Info & Referral
Cheryl Williams, Sherrodsville
Bev Wallace, Malvern Site
Donna Schissler, Head Cook
Sandy DeLong, Kitchen
Lorraine Pratt, Maintenance
Kathy Crum, HDM Driver
Karla Houyouse, HDM Driver
Freda Luyster, HDM Driver
Patty Babe, HDM Driver
Elizabeth Neider, Sub Van Driver
Sarah Johnson,
Maintenance/ Kitchen



CLOSED FOR FAIR WEEK

Please remember that the Friendship Center will be closed during the week of July 18-24 due to the Carroll County Fair. No meals will be prepared for home delivery or for the sites. If you have any questions, please call us at 330-627-7017.

CARROLL COUNTY COUNCIL ON AGING

The Carroll County Council on Aging meets the first Thursday of each month at 10:00 a.m. at The Friendship Center. The next meeting is Thursday, July 1st (August meeting the 5th). These meetings are open to the public and we encourage your attendance.

Current officers are:

President - Adele Miller
V Pres. – Ruth Ann Tinlin
Sec. - Beulah Bland
Treas. - Margaret McCort
Trustee – Bernard Yost
Trustee – Donna Walters
Trustee - Lois Hilliard

BOOKMOBILE - the bookmobile will be here at the Friendship Center every Tuesday from 12:15 – 1:15.

JULY EVENTS

4 – Fireworks at Atwood Lake
7-11 - Malvern Homecoming
9 – Rally in the Alley
16-17 – Sherrodsville Homecoming
19-25 – Carroll County Fair

Starting July 20th – The Farmers Market in the Dollar General Parking Lot will also be open on Tuesday evenings 4:00 - 6:00 p.m. The Market continues every Saturday morning from 8 – Noon as well.

Thank You to:
* **Anna Lee Brenda** for all of the great consumer information she gave us at our June Birthday Dinner.
* **Dick Jacobs** for the great pictures and video of our Senior Day Dinner and Pioneer Spirit

CARROLL COUNTY SENIOR CENTER

CONGREGATE MEALS

A hot nutritious meal is served each day at the Senior Citizens' Friendship Center and our two satellite sites in Malvern and Sherrodsville at 11:30 am. The Center's meals are no salt added and diabetic substitutes are available. This meal gives seniors the opportunity to gather together and alleviate the

loneliness of eating alone.

It is very difficult for our nutrition coordinator to plan and prepare the meals each day without an accurate count, so **please call to make your reservation by 9 a.m.** and please call to cancel if you have registered and find that you will be unable to attend.

* **Friendship Center, call Debbie at 330-627-7017**

* **Sherrodsville Lions' Club, 80 Hill St., call Cheryl at 740-269-2200**

* **Malvern Manor II, 750 Malvern Drive, call Bev at 330-863-2202**

Suggested donation is \$2.00 per meal.

HOME DELIVERED MEALS

The same meal served at the Center is also available for individuals or couples through our home-delivered meals program. Individuals must be 60 years of age or older, homebound, and a Carroll County resident. Frozen meals are also available for the weekend for those who want them. Regulations forbid leaving meals in a cooler, but they may

be left in the refrigerator. Please communicate with your driver about this issue. Suggested donation is \$2.00 per meal. When paying for home-delivered meals, please remember to make checks payable to: "Friendship Center" or "Carroll County Council on Aging." Post-dated checks cannot be accepted.

CARROLL COURT & CARROLL SQUARE

Carroll Court and Carroll Square have been added to our congregate locations on a one-day-per-week basis. Meals will be delivered to the community room at Carroll Square on Thursdays at noon and Carroll Court on Fridays at noon. Registration for meals must be made by noon the day before. Sign-up sheets will be available each week in the community rooms.

These services are provided in part by the Ohio Department of Aging through Area Agency on Aging Region 9 and Carroll County.

CARROLL COUNTY SENIOR CENTER

COOLING ASSISTANCE

Summer cooling assistance is being offered to seniors who meet eligibility guidelines. The program could help to pay one summertime electric bill for residents 60 and over or someone with a verified serious health condition. Applications for this program are submitted via the Harcatus Office.

Applicants must provide proof of total gross income, social security numbers, proof of primary heating source, and the most recent electric bill.

Harcatus can be reached at 330-627-4101. Income guidelines are the same as those for Winter HEAP and are shown below.

INCOME

Household size	1 month	yearly
1 Person	\$1805.00	\$21,660
2 Persons	\$2428.33	\$29,140
3 Persons	\$3051.67	\$36,620



The Carroll County Historical Society's website can be found at:

www.carrollcountyohio.com/history

They are always looking for new information for their township history project.



SHOPPING TRIP



We have a shopping trip planned for Tuesday, July 6th. The van will leave the Senior Center at 9 a.m. and head to Steubenville for a day of shopping and lunch. The fee is just \$5 per person and you pay for your own lunch. We must have a minimum of 5 people signed up to take the trip. If you have any questions or would like to register for the trip, please call Debbie at 330-627-7017.

WILL YOU GET A \$250 REBATE CHECK?

The federal government has begun (starting June 10th) mailing \$250 rebate checks to seniors on Medicare who have reached the "doughnut hole" in their Part D Prescription coverage. No one will contact you for personal information!! If anyone does, it is likely a scammer and you should not tell them anything!!

Checks are only being issued to those people who have reached the "doughnut hole" on their prescription coverage which occurs after you have paid \$940 in out-of-pocket prescription costs. When this occurs, a check will automatically be issued and sent to you within approximately 45 days.

All of this is done automatically. If for some reason, you do not receive a check within 45 days of reaching this point, you should contact Medicare.



These services are provided in part by the Ohio Department of Aging through Area Agency on Aging Region 9 and Carroll County.

CARROLL COUNTY TRANSIT

Carroll County Transit provides transportation in and around Carrollton and outside Carroll County. Routine stops include Discount Drug Mart, Mondays and Wednesdays at 12:00, Dollar General Market Thursdays at 12:00, and Thornes on Tuesdays at 8:30 and 12:00. Transportation to the Senior Center is also available on a daily basis M-F. Other transportation services are also available. To take advantage of transit locally and out of town, please call them at 330-627-1900.



MEDICAL TRANSPORTATION

The Carroll County Transit is now providing all of our transportation for medical appointments. You must, however still call the Friendship Center at 330-627-7017 to schedule your medical trips. We MUST have at least 72 hours notice to arrange your transportation. More notice is always better. ***Donations to offset costs are welcome and appreciated and may be given to the driver or to the Friendship Center.***

CARROLL COUNTY SENIOR CENTER

ENSURE PRODUCTS

Ensure products are available at the Friendship Center. Prices per case are: Ensure.....\$26.00 Ensure Plus.\$28.00 We have Vanilla, Chocolate, Butter Pecan, & Strawberry. We also have 4-Packs of Ensure Pudding available by the case.

SOCIAL SECURITY/ MEDICARE

The New Philadelphia Social Security Office is now located at 1260 Monroe St Suite 1C and can be reached at 1-866-731-4236. The Steubenville Office is located at 500 Market St on the 4th floor and the number is: 740-282-6265. 1-800-772-1213. The Medicare number is 1-800-282-0530.

GOLDEN BUCKEYE CARDS

Applications and temporary cards are available at the Senior Center. You must present proof of identity and age (60 or older). Suitable forms of ID include a driver's license or birth certificate.

BLOOD PRESSURE CHECKS

The Carroll County Visiting Nurses will be at the Friendship Center on **Tuesday, July 13th** to administer blood pressure/pulse screenings from 10:30 - 11:30. Great Trail Care Center will provide the services **Tuesday, July 27th**.



LEGAL SERVICES

Funds are provided to pay up to \$250 per person per year for a wide variety of legal services from participating Carroll County attorneys. There is an hourly fee cap for these services. Funding for these services has been exhausted for 2010. The program should resume with new funding in January 2011.

ARE YOU ONLINE?

Would you be interested in receiving your newsletter via email? If so, give us a call at 330-627-7017 or email dherrington@carrollcountyohio.us. We can save money on copies and postage by emailing the information to those of you using the internet.

AIRPORT RESTAURANT BREAKFAST

The Airport Restaurant offers a widows' and widowers' breakfast the second Tuesday of each month at 9:00. Please stop by on July 13th for breakfast and conversation! Participants purchase their own breakfast from the menu.

TELEPHONE REASSURANCE

Volunteers are utilized to provide a daily phone call to persons who are home-bound or just in need of companionship.

INFORMATION & REFERRAL

This service provides specific information as to the particular agency to call regarding certain needs you may have. The Center will assist in making appointments and will follow up to ensure your needs have been met. Call Debbie at 330-627-7017.

CARROLL COUNTY SENIOR CENTER

THINGS TO DO AT THE SENIOR CENTER

BOOK, VIDEO & PUZZLE LIBRARY

The Friendship Center has a nice selection of books, video tapes, & puzzles available.

Stop by, check out our selection, borrow what you'd like, and return them when you are finished! HDM clients just call Debbie for info.

LINE DANCING

Line Dancing classes are held each Wednesday at the Friendship Center in Carrollton. Beginners meet from 8 a.m. to 9 a.m. Intermediate to advanced dancers meet from 9 a.m. - 11 a.m. Please join instructor Sue Frase and the dancers for a fun-filled day.

ALZHEIMER SUPPORT GROUP

The Alzheimer Support Group of Minerva holds meetings the last Thursday of each month at 11:00 at the Minerva Library. Caregivers can also call the 24/7 Helpline at 1-800-272-3900.

COMPUTER

We have a computer in the social room at the Friendship Center and it is available to any senior citizen age 60 and over who is a resident of Carroll County. If you would like to e-mail us, our address is:

carrollcoseniorcenter@verizon.net

Feel free to come to the Center anytime to surf the net.

BRIDGE PLAYERS

Bridge players meet at the Friendship Center every Wednesday at 12:30. New players are always welcome and can call the Friendship Center.

EUCHRE PLAYERS

Euchre Thursday evenings at 6:30 for those 50+!

Wii

We have a Wii game system available. Stop in if you would like to challenge someone to a game of bowling or target shooting!

EXERCISE & TAI CHI

The Friendship Center is offering exercise classes on Monday and Friday at 11:00. Tai Chi classes are held on Tuesday and Thursday at 11:00. We hope that you will join in these classes which are led by Sue Henderson.

CARD PLAYERS

Looking for something to do after lunch? Stop by the Center and enjoy a game of Skip Bo, Euchre, Aggravation or Rummy. Checkers or dominoes too!

FREE COFFEE & DONUTS EACH MORNING!

We offer free coffee and donuts at the Friendship Center in Carrollton at 8 am each morning, Monday through Friday. Please stop by for a bite to eat and some conversation.

BIRTHDAY DINNER

There will not be a birthday dinner celebration in July due to the Fair. We will celebrate our July Birthdays in August again this year.



FAIR EVENTS 2010

Monday Evening: Harness Racing

Tuesday: (Seniors 65 and better, FREE) Garden tractor pulls, Senior Sing-a-Long, Harness racing

Wednesday: Tractor Games, Still Project Auction, Tony Peterson's Auto Thrill Show (Hell Drivers)

Thursday: County Tractor Pull, Antique Pull, OSTPA Truck & Tractor Pulls

Friday: County Tractor Pull, OSTPA Tractor Pulls, Large Animal Sale

Saturday: Draft Horse & Pony Hitch, A-Bar Rodeo

Sunday: Draft Horse Pull, Combine Derby, Demolition Derby

Daily admission \$5 or a Pass for all week \$16; Grandstand seating extra for some evening events.

www.carrollcountyohio.com/fair

Mr. & Mrs. Smith and their two children form a typical American family. If exactly **two** of the following statements are true, what is the first name of the father, mother, son, & daughter?

- George & Dorothy are Blood relatives
- Howard is older than George.
- Virginia is younger than Howard.
- Virginia is older than Dorothy.

Answer shown below

THE BEVERLY HILLBILLIES

BANKER	BLACK GOLD	BLOODHOUND	JED
CALIFORNIA	CEMENT POND	CLAMPETT	COMEDY
COUSIN PEARL	HILLBILLIES	OIL	OLD CAR
JETHRO	RICH	KINFOLK	SHOTGUN
MANSION	TEXAS TEA	TENNESSEE	VARMINTS
VITTLES	MILLIONAIRE	MOUNTAINEER	MONEY
CRITTERS	ELLY MAY	NEIGHBORS	GRANNY
MISS JANE HATHAWAY		MILBURN DRYSDALE	

Answer: *George & Virginia are the parents of Howard & Dorothy.*